

How to Practice

1. Find a quiet spot where you will have few distractions and can concentrate.
2. Have a good chair to keep the great posture we practice in class.
3. Have something to hold your book or music so you can see it with no problems. Don't hunch over!
4. Decide what you are working on.
 - a. What line or method do you need to work on?
 - b. Check your class log!!
5. Before you play, set your metronome to a reasonable tempo (maybe start at 80-86).
6. Make sure you tap your toe with the metronome.
7. Count what you are working on, just like RhythmBee.
8. Say the note names and move your fingers/slide while you say them.
 - a. Do this in small chunks, 2 to 4 measures at a time.
 - b. Then, do it in big chunks, 4 to 8 measures at a time.
9. Play with a GREAT sound using fast, cold air.
 - a. Try to record yourself and listen to your recording.
 - i. Does it sound good?
 - ii. Are there wrong notes or rhythms?
 - iii. Find things to fix and start back at number 7.